



Vanessa Whitton

A message from our CEO

Happy New Year! Although I am sure by now it feels a little bit like a distant memory, however it is great to be back. A New Year is a great opportunity to reflect and refocus and that is exactly what the team and I have been doing. We have settled in at our new home

at the Civic Centre, and we have been made to feel very welcome. This move has given us the opportunity to be able to focus on the core functions of a CVS and I am committed on ensuring that we support the Community & Voluntary Sector by effectively delivering on the priorities outlined in our Strategic Plan <https://bit.ly/3iWEpey>

I am feeling very positive about what 2023 will bring for our sector and I'm excited about how we all can work together to influence what that will look like in order to benefit the communities that we all serve.

Huge congratulations to Hetty's!



It is official this stunning grade 11 listed building is the new "Forever Home" for Hetty's Charity. It has taken 12 months of bid

writing and fundraising to purchase the building with lots of community support. You can find out more about Hetty's at www.hettys.org.uk

Our new Community newsletter will be issued every other month.

If you would like to submit an update, news, event, volunteering opp or even a thank you, send it to Jo jwakefield@mansfieldcvs.org by 12 March 2023.

HEALTH & WELLBEING PARTNERSHIP SUCCESS

A series of health & wellbeing hubs took place across Mansfield in December thanks to a partnership of NHS Nottingham & Nottinghamshire, Mansfield CVS and Mansfield District Council.

The events gave residents a chance to receive a Covid jab, talk to a variety of health professionals and have a cuppa and a chat

An amazing 75 vaccinations were given across the 3 events held at Bellamy, Warsop and Oak Tree.



Trowell Court Community Centre

Infrastructure Support

In August 2022, Mansfield District Council submitted a UKSPF Investment Plan setting out the area's priorities for spending the city's allocation of £2.955m.

The Council has now secured approval for its Investment Plan which enables funding to be progressed towards the Communities and Place priority, and some of this funding is to be available through the Mansfield Community Grant Fund.

Mansfield CVS is managing the Mansfield Community Grant which can provide grants of up to £15,000 for community groups.

Find out more and apply for the grant at www.mansfieldcvs.org/communitygrantfund

Community and Voluntary Groups

Could you benefit from up to £15,000?

The Mansfield Community Grant Fund is offering a maximum of £15,000 in grants for community and voluntary groups to apply for projects that will make a difference in their local neighbourhoods.

Apply at:

www.mansfieldcvs.org/communitygrantfund



Mansfield
District Council



HM Government



Mansfield
Community & Voluntary Services

We are offering one-to-one meetings with any local community group, voluntary organisation or charity to discuss how we can best support your needs.

Please book your appointment by email – scooper@mansfieldcvs.org or **01623 392444**

Community groups, charities and voluntary organisations



Do you need?



Bid writing support

Volunteers/Trustees

Marketing support

Access to funders

Governance support

HR Support

Get in touch for a one to one chat to see how we can support you and how you can feed into partnership work.

Stephen Cooper

01623 392444

scooper@mansfieldcvs.org



Base 51 Anniversary Awards

Mansfield CEO Vanessa Whitton attended an inspirational evening at Base51's 30th Anniversary Dinner on 19 January.

Our very own Board Member Teresa Cullen won a Lifetime Achievement Award as the Founder of Transform Training & Young Potential.

Vanessa attended with Zoe Cooke who won Campaigner of the Year.

On 4th July 2021, Zoe's son was stabbed and killed aged just 22. From then on, Zoe campaigned and fundraised for Bleed Kits which help stem the flow of blood of stab victims until paramedics arrive. She speaks at events to both adults and children about the devastating ripple effect of knife crime and its consequences.

You can help support the installation of Bleed Kits by donating at <http://bit.ly/3JbfDBM>



Live better with arthritis!

Join us online to find out how you can self manage your condition through tips on:

- diet and nutrition
- exercise
- pain management

2 Day Free Event
2 and 9 February at 11am
Register by email:
info@arthritisaaction.org.uk



Arthritis Action is the UK charity giving hands-on, practical help to improve the quality of life of people affected by arthritis. They offer an integrated self-management approach, which looks at both the physical and mental health impact of living with arthritis.

Supporting people living with musculoskeletal conditions through healthy eating advice, mental health resources, pain management techniques, Online Groups, and exercise advice and resources.

www.arthritisaaction.org.uk

Focus on: Walk & Talk



Walk & Talk came about through the We are Undefeatable project during the Covid pandemic in 2019. Since it began, it has gone from strength to strength with more than one group running.

Walk & Talk is a calm and social walking group where people can chat, walk and enjoy the views.

Walks run on many days of the week across Mansfield and Ashfield and anyone can just turn up and walk.

All walks start at 11am and last 90-120 mins and are approximately 3-4 miles .

It may be muddy on some walks so wear appropriate footwear. Dogs on leads are welcome.

To find out more, contact Glenice on 07888 698584 or go to '[walkandtalkmansfield](#)' on Facebook.



Focus on: Doggy Dens Rescue UK

Doggy Dens are a small rescue who promote animal welfare and have a great reputation. They homecheck any potential adopters and also support the new adopters, giving them training and feeding advice. All dogs are vaccinated and neutered.

Dogs in kennels are rescue dogs, dogs who have been surrendered due to family issues, or dogs who have a limited time who are at risk of pts (euthanasia).

Doggy Dens Rescue need volunteers to help walk the dogs – you might even get a cuddle!

Tel: 07773285175

Email denise@doggydensukrescue.co.uk



Community Notice Board

POhWER Mansfield Community Group at The Hive

Are you feeling isolated,
lonely, or experiencing
mental health difficulties?

Join our friendly,
monthly group for
a cuppa and a chat.



Starting Tues 7 Feb 2023
13:00 – 14:00 on the first Tuesday of the month
Contact us or check our Facebook page
@empower.nottingham for future dates

This group is FREE, confidential and supported by
POhWER staff and volunteers.
Booking not required. Just come along.*

Location: The Hive, Four Seasons Shopping
Centre, Mansfield NG18 1SU.

*If you are able to let us know you are coming, we would be grateful, as spaces
are limited. Our contact details are below.



Tel: 0300 020 0093
Email: Y.YourChoice@pohwer.net
Web: www.pohwer.net
Facebook: [@empower.nottingham](https://www.facebook.com/empower.nottingham)

RECRUITING TALENT IN D2N2

NEW APPROACHES FOR A NEW ERA

FRIDAY 17 FEBRUARY 2023

9.30 - 1.30 (registration from 9am)

FOLLOWED BY A BUFFET LUNCH,
EXHIBITORS MARKETPLACE AND TOUR
OF NOTTINGHAM COLLEGE CITY HUB

FREE TO ATTEND

Nottingham College, City Hub
111 Canal St, Nottingham NG1 7HB



FIND OUT HOW TO...

- ✓ ADOPT INNOVATIVE APPROACHES TO RECRUITMENT
- ✓ MEET YOUR FUTURE WORKFORCE NEEDS
- ✓ REAP THE REWARDS OF DIVERSITY AND INCLUSION

BOOK NOW: [rtnottm170223.eventbrite.co.uk](https://www.eventbrite.co.uk/rtnottm170223)



Nottinghamshire Women's Aid Survive & Thrive

Mansfield Crisis and Intervention Support Worker

Domestic abuse support sessions now available at the Civic
Centre Mansfield for women living in the local area
experiencing domestic abuse.

Advice and support available for professionals who support
women who may be experiencing abuse.

Appointments available Mon – Fri with a dedicated female
crisis and intervention worker. Call the Farr Centre 01909
491330 to book.

NEW DEDICATED
CRISIS AND
INTERVENTION
WORKER FOR
WOMEN

INFORMATION AND
SIGNPOSTING FOR
ISSUES RELATING
TO DOMESTIC
ABUSE

ONE-TO-ONE
SUPPORT

ADVICE AND
SIGNPOSTING FOR
PROFESSIONALS

Nottinghamshire
Women's Aid

Farr Centre

Worksop

S80 1LR

Phone: 01909 491330

WAYFINDER

Volunteers needed

Supporting people to live well and leave
homelessness behind

Wayfinder is a new, free homelessness support programme
helping people develop the skills to live independently.

Share your experience, strengths and hope to support
people to move on with their lives:

- Attend regular one-to-one meet ups
- Help with personal admin and budgeting
- Signpost to additional services like GPs or food banks
- Help people get to know their neighbours, find local activities or groups

Benefits:

- Training
- Regular meet-ups
- On call support
- Learn new skills

For more information visit:

transformingnottstogether.org.uk/wayfinder

07522 381 533

TRANSFORMING
NOTTS TOGETHER®



Community Networking

The next Community Networking Meeting will be held on Weds 1 February at the John Fretwell Sporting Complex. Registration and networking (includes breakfast) starts at 8.45am.

Speakers

David Ainsworth, Director of Strategy & Partnerships
Sherwood Forest Hospital Trust

Sarah Atkinson Learning Disability Nurse Practitioner for
Rosewood & Mansfield

Zaya Osborne & Elizabeth Marshall, Reablement
Manager MIS Countywide Community Reablement Team
(START)

Liam Jackson Operational Hub Lead D2N2 Local
Enterprise Partnership (LEP)

Ryan Hodson, Community Engagement Officer, Office of
the Police and Crime Commissioner for Nottinghamshire

Vanessa Whitton, CEO and **Stephen Cooper**, Project
Lead Mansfield CVS

If you would like to attend, please email
jwakefield@mansfieldcvs.org



Fully Funded PhD Opportunities

Co(I)laboratory's fully funded PhD opportunities have been co-created with academics and local organisations such as Nottingham City Council, Skate Nottingham and the Trent Bridge Community Trust, to address challenges such as local mental health provision, understanding youth violence, local experiences of modern slave labour practices, and much more.

These PhD programmes will offer prospective candidates a unique blend of research and real-world experience. It is fully funded, which means that all tuition fee and a stipend is to be paid in monthly arrears in Years 1-3 of PhD study at Nottingham Trent University and the University of Nottingham in line with UK Research and Innovation (UKRI) minimum rates. You can find further information on UKRI rates on the UK Research and Innovation website.

Upcoming Co(I)laboratory PhD Studentships 2023 – Information webinar

During the webinar, you will have the opportunity to learn more about the UfN Co(I)laboratory Doctoral Research Training Partnership and the fully funded PhD studentships that are available. Candidates will also have the chance to ask questions and interact with our team.

The webinar will be held on Thursday 26th January 2023 from 6:00–7:00 pm. Register at www.eventbrite.co.uk/e/492719506307

Do you have something to share?
Send it to jwakefield@mansfieldcvs.org by 12 March.