



Mansfield information and support services

- Advice
- Befriending
- Disability
- Domestic Violence
- Financial
- Food
- Housing
- Signposting
- Mental Health

A Place to Call Our Own (APTCCO): Support for families with children and young people with special educational needs or disabilities (SEND) who need advice and signposting. Call: 01623 629902. Email: enquiries@aptcoo.org.

Age UK Connect: Information, advice, signposting and practical support around physical and mental health, care needs, bereavement, housing, finance, social interaction and engagement with others in Mansfield. This service is not just for older people. Call: 01623 488217. Email: connect@ageuknotts.org.uk.

Building Better Opportunities: Support with those vital first steps towards gaining employment and overcoming barriers (for people who are unemployed, over 50, not in education or training and women who have never worked). Call: 01623 392444. Email: info@scintillaspark.co.uk.

Children's Centres (Mansfield): A range of services for parents to be and families with children under five who live in Nottinghamshire. Call: 01159 773763. E-mail: CC.Mansfield@nottsc.gov.uk.

CISWO: Personal welfare support service offering financial and housing advice, disability support, advocacy and charitable grants for equipment/adaptations for former mineworkers and their dependents. Call: 01623 625767. Email: SouthEngland@ciswo.org.uk or browse online: www.ciswo.org.uk/helping-you

Citizens Advice Mansfield: Free, confidential and impartial advice around all sorts of issues, including money, benefits and housing or employment issues. Call: 03444 111 444. Assessments: 07832 932331. Citizens Advice national line: 0800 144 8848 (9am to 5pm). General information and foodbank vouchers: 07930 199843.

Direct Help and Advice (DHA): Advice for families and individuals facing crisis with housing, debt, mental health support and getting work. Call: 01332 287865. Email: training@dhadvice.org.

Disability Nottinghamshire: Free, confidential and independent advice service relating to any aspect of disability to disabled people, their family, friends, carers and professionals. Call: 01623 625891. Email: advice@disabilitynottinghamshire.org.uk. Website: www.disabilitynottinghamshire.org.uk

The Furniture Project Nottinghamshire: Provides household furniture, new clothing and electricals at affordable prices for all. Call: 01623 836410.

Help at Hand Mansfield: Befriending telephone support and charged for counselling. Call: 07930 142745. Email: helpathandmansfield@gmail.com.

Hettys: Emotional help and support to families in Nottinghamshire affected by a loved one's alcohol or drug use. Call: 01623 643 476 (9am - 5pm, Monday to Friday).

Jigsaw Support Services: For older and vulnerable residents and support for compulsive hoarders. Call: 01623 232800. Email: admin@jigsawmansfield.org.uk. www.jigsawsupportscheme.org.uk.

Mansfield and Ashfield Mental Health Crisis team: If you're in a mental health crisis, call 24/7 to speak with a mental health professional. We can also advise about other services to help. Call: 0808 196 3779.

Mansfield Credit Union, Turn to Us: Local and ethical savings and loans for anyone who lives or works in Nottinghamshire. Call: 0330 004 0842 (Monday to Friday 10am - 3pm).

Mansfield CVS: A central hub of advice, information and guidance for the community, who also help people get into volunteering. Call: 01623 392444. Website: www.mansfieldcvs.org.



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Food  Housing  Signposting  Mental Health 

Mansfield District Council (MDC): A range of information for residents of Mansfield and district can be found on www.mansfield.gov.uk. Email: mdc@mansfield.gov.uk. Call: 01623 463463.



Mansfield Job Centre: www.jobcentrejobs.co.uk/jobcentre/mansfield-jobcentre. Call: 0800 169 0190. Existing benefit claims: 0800 169 0310. Universal Credit: 0800 328 5644. New benefit claims: 0800 055 6688. Monday - Wednesday 9.30am - 1pm and 1.30pm - 3pm, Thursday 9.30am - 12.30pm.



Money Sorted: Direct help and advice on money management and improving your financial wellbeing. You need to be of working age and either unemployed or not in paid work at the time of starting. Call: 07305 802094. Email: Alison.parnell@dhadvice.org.



National Energy Action (NEA): National fuel poverty charity, working to ensure that everyone in England, Wales and Northern Ireland is warm and safe at home. Call: 0800 304 7159. Email: helen.carter@nea.org.uk.



Nottingham Energy Partnership: Delivering projects that tackle fuel poverty, increase household energy efficiency and reduce carbon emissions. Website: www.nottenergy.com. Call: 0115 985 9057



Nottingham and Nottinghamshire Warm Homes Hub: Whether it is by helping to increase your income, or by improving the comfort and warmth of your home, help is at hand including benefits checks, energy comparisons, food and fuel vouchers plus bill discounts, hardship grants and support with broken or faulty heating. Call: 0115 985 3000 or complete the online form at www.warmhomeshub.com/advicehub.



Nottinghamshire County Council: Information on free school meals and school travel criteria: <https://www.nottinghamshire.gov.uk/education/financial-support/financial-support>



Nottinghamshire Family Information Service: Helping families find childcare, give information on different types of childcare and funding, as well as other useful information for parents. Email: nottsfis@nottsc.gov.uk. Call: 0300 500 8080. (Monday to Friday, 8am - 6pm.)



Nottinghamshire Independent Domestic Abuse Service (NIDAS): A local and independent charity who support families in Mansfield and Ashfield who have been or are affected by domestic abuse. Call: 01623 683250 or 0808 800 0340. Email: hello@nidas.org.



Nottinghamshire Mind: Mental health support in your community. Call: 0800 470 0203 or visit www.nottinghamshiremind.org.uk.



Notts Healthcare Trust 24/7 mental health helpline: Call: 0808 196 3779.



Samaritans: Emotional support in a safe environment to talk over problems, feelings and issues causing stress and worry. Call: 116 123 .



Warsop Parish Council: Information and advice for residents of Warsop parish can be found on www.warsopparishcouncil.co.uk. Call: 01623 84601.



Womens Aid: National charity working to end domestic abuse against women and children. Visit www.womensaid.org.uk or call the 24 hour helpline: 0808 2000 247.

