



Community Update 6 October 2020

## Mansfield CVS

### Lottery Funding – Fielding the Need

We have recently been awarded funding from the Lottery which will enable us to continue and build upon the support we gave during lockdown.

We will be continuing to support local groups, organisations and charities in a number of ways including marketing and comms support, networking opportunities, accessibility and signposting. We will be providing more information via our social media, newsletter and weekly video updates which will be on our YouTube channel and Facebook page.

If you are a group that would like some support – get in touch with us on 01623 392 444 or email [info@mansfieldcvs.org](mailto:info@mansfieldcvs.org) and we will put you in touch with the correct team member.

### Networking Meeting

We are hosting a digital networking event on Wednesday 14th October from 10am - 12pm. All voluntary and community groups are invited to attend to share your information, views and network.

If you would like to add an item to the agenda, let us know when you register your place.

Please confirm your attendance by email - [info@mansfieldcvs.org](mailto:info@mansfieldcvs.org)

## Mansfield District Leisure Trust

The Healthy Life exercise referral scheme is accepting referrals again for the Mansfield District Leisure Trust leisure centres.

We have full COVID- Secure measures in place to keep you safe and although we are still on a reduced service, we do have at least one exercise referral qualified staff member at 3 of our sites – Water Meadows Swimming and Fitness Complex, Oak Tree Leisure Centre and Rebecca Adlington Swimming Centre.

Referrals must be made via a Health Professional such as a GP or nurse. For more information please contact Carolyn on 07718 194 711 or email [carolyn.hallam@serco.com](mailto:carolyn.hallam@serco.com)

## We are Undefeatable

### Resistance bands

We have some resistance bands we're giving away to those who want to become more active. It's completely **free** from Sport England and the We are Undefeatable Mansfield project.

**Contact Stephen Cooper Tel: 01623 392 444 or 07395 926578**